



EXIT AWARDS QUALIFICATIONS

Students will be eligible for the following awards upon successfully completing each module:

- Award in Job Search Skills, Level 4, 4 ECTS
- Award in Holistic Wellbeing, Level 4, 4 ECTS
- Award in Work Ethics, Level 4, 4 ECTS
- Award in Basic Computer Skills, Level 4, 4 ECTS
- Award in Basic English, Level 4, 4 ECTS
- Award in Basic Finance, Level 4, 4 ECTS
- Award in Independent Living, Level 4, 4 ECTS
- Award in Work Practice, Level 4, 4 ECTS

The full-programme is a level 4 qualification, and consists of 32 ECTS.

STIPEND

Eligible participants may receive a training stipend.

TRANSPORT TRAINING

Participants can receive support to develop independent public transport skills.



METHODOLOGY

The programme combines:

- Interactive lessons and workshops
- Practical assignments and activities
- Simulated work practice
- Ongoing job coaching and support

Participants receive personalised guidance throughout their learning journey.



ABOUT LSF

The Lino Spiteri Foundation supports people with disabilities in building the skills, confidence, and experience needed to achieve sustainable employment.

LSF Academy is a licensed Further Education Institution accredited by MFHEA.

LICENCE NUMBER:
2025-003.



Malta
Further & Higher
Education Authority

GET IN TOUCH

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🌐 www.linospiterifoundation.org



LSF ACADEMY
Further Education Institution
Licence Number 2025-003

PRE-TERTIARY CERTIFICATE IN

HEADSTART FOR EMPLOYMENT

Headstart for Employment is a Level 4 programme that helps individuals build the skills, confidence, and experience needed to prepare for work. Through practical learning, coaching, and work-based activities, participants develop workplace skills, independence, and professional confidence.

SKILLS FOR WORK. CONFIDENCE FOR LIFE.



ABOUT HEADSTART

WHO IS THIS PROGRAMME FOR?

Headstart is designed for people with disabilities aged 16+ who are actively seeking employment and are registered on the National Register for Persons with Disability.

ENTRY REQUIREMENTS

- Aged 16+
- Level 3 qualification (or equivalent)
- Registered on the National Register for Persons with Disability

Alternative entry through Recognition of Prior Learning (RPL) may be considered.

DURATION

- 6 months
- Monday to Friday: 8:00am – 1:30pm

WHAT YOU WILL GAIN

- Stronger communication and social skills
- Greater workplace confidence
- Improved independence and decision-making
- Understanding of workplace expectations
- Practical work-ready skills



PROGRAMME MODULES

Module 1. JOB SEARCH SKILLS

Learn how to create a CV, complete job applications, and prepare for interviews with confidence.

Module 2. HOLISTIC WELLBEING

Develop healthy habits and understand how physical, emotional, and mental wellbeing support success at work and in daily life.

Module 3. WORK ETHICS

Learn the professional behaviours, attitudes, and workplace expectations needed to succeed in employment.

Module 4. BASIC FINANCE

Build practical money-management skills including budgeting, saving, and making informed spending decisions.



PROGRAMME MODULES

Module 5. BASIC COMPUTER SKILLS

Develop essential digital skills including email, data entry, and everyday computer use.

Module 6. BASIC ENGLISH

Improve reading, writing, speaking, and listening skills for workplace communication.

Module 7. INDEPENDENT LIVING

Develop practical life skills including travel training, meal preparation, goal setting, and decision-making.

Module 8. WORK PRACTICE

Apply your skills in practical workplace activities while building professionalism, productivity, and confidence.